



DOC WAYNE VOICES

STORIES FROM TEAM DOC WAYNE

SECTION NAVIGATION

- NAVIGATION
- WELCOME
- THE CHAMPIONS NETWORK®
- SEASON HIGHLIGHTS
- COMMUNITY-BASED SERVICES
- FINANCIALS AND PHILANTHROPY
- LOOKING FORWARD



Learn more about Doc Wayne from the lens of our Coaches (staff), community, and partners in our Annual Report for FY23 (July 2022-June 2023).

Doc Wayne is an award-winning non-profit leading the field of sport-based therapy and catalyzing a mental health movement. We provide training, tools, and services that address emotional, behavioral, traumatic, racial, gender, and cultural-based barriers by providing equitable access to better mental health for all. Our clinician-led curricula put sport into practice, strengthening social-emotional skills in young learners to build healthier, more resilient global communities.

DOC WAYNE
VOICES
STORIES FROM TEAM DOC WAYNE

DOC WAYNE

A NOTE FROM OUR CEO

I am honored to present Doc Wayne's annual report for FY23. As the CEO of this incredible organization, it fills me with great pride to share the journey we've embarked upon in providing mental health services to youth through the intersection of sports and therapy.

Since our inception in 2010, Doc Wayne has remained steadfast in its commitment to breaking down barriers to mental health care for young individuals in the Greater Boston area. By integrating the power of sports into our therapeutic programs, we have overcome logistical challenges to create an engaging and effective approach to reaching those who might otherwise go without treatment.

Over the years, our dedication to accessibility has led to a substantial expansion in our reach. Currently, we are privileged to serve over 2,500 youth every week through our innovative Chalk Talk® Group Therapy and Therapeutic Recess programs. These programs are carefully designed to address diverse mental health needs, ensuring that every child receives personalized, high-quality support.

At the heart of our work is a proprietary curriculum that translates therapeutic models into sports-based language, making mental health lessons relatable and accessible to all.



We're here to level the playing field of mental health globally by harnessing the power of sport-based therapy.

Through The Champions Network®, our team has been sharing the power of sports-based therapy with clinicians, sports coaches, and other youth development professionals across the world using the skills and lessons Doc Wayne has learned over years of working with youth. In a few short years, our partners have provided mental health support to over 450,000 youth in 28 countries.

At Doc Wayne, we specialize in treating the impact of trauma and we are committed to ensuring that our clients have the support and resources needed to lead fulfilling lives.

Our dedicated team continuously evaluates and adjusts treatment plans as needed in order to empower our clients to overcome obstacles and achieve their goals.

As we reflect on the past year, we extend our heartfelt gratitude to our supporters, partners, and the entire Doc Wayne community. It is through this collective effort that our mission becomes a reality, breaking down barriers, changing lives, and fostering a brighter future for the youth we are privileged to serve.

Thank you for your unwavering support.

Sincerely,

David S. Cohen
Chief Executive Officer

DOC WAYNE LEADERSHIP TEAM



Rebekah Roulier,
LMHC
Managing Director



Dr. Ramona Cox
Director, The
Champions
Network®



Maggie Yuan, ED.D.,
LMHC
Clinical Innovation
Strategist



Sam Zurn
Director of Learning

CHAMPIONS NETWORK®

IMPACT ACROSS THE GLOBE

453,000

TOTAL YOUTH IMPACTED
JUNE 2023



Both facilitators were very **calming, affirming, and knowledgeable.** It made me want to learn more from these trainers and about this organization.

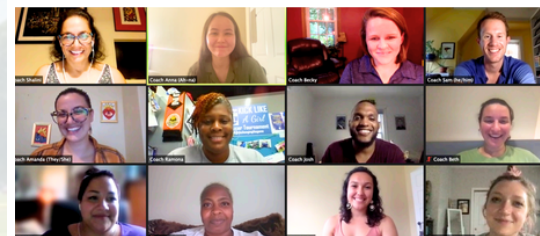
- Participant, Champions Network® Training



Members of the Champions Network® Team at an in-person training



Rebekah Roulier, LMHC, Managing Director of Doc Wayne



Champions Network® Team, including our Facilitators, meet over Zoom



Dr. Ramona Cox, Director of the Champions Network®



Dr. Ramona Cox, Director of the Champions Network® (left) and Shalini Kasida, Board Chair (right) representing Doc Wayne at the Beyond Sport conference in 2023

Anna Folta

STRATEGIC INITIATIVES COORDINATOR,
CHAMPIONS NETWORK®

Learn more about the Champions Network® through the lens of one of our teammates.

When Anna Folta joined Doc Wayne's burgeoning strategic initiatives team as an undergraduate intern in May of 2020, she was brand new to the world of sport-based therapy. Her interests in social work, public health, and community-based nonprofits drove her to apply to an internship at Doc Wayne, and her experience and passion for the work caught Managing Director Rebekah Roulier's eye.



In many ways, Anna's professional journey at Doc Wayne has mirrored the growth of the Champions Network® as a whole.

Soon after, Anna began her career at Doc Wayne as the organization's first Strategic Initiatives Intern while still a student at Brandeis University, working directly with Rebekah to help bring the Champions Network®, our external training program, to life.

Today, Anna coordinates with external partners to plan and deliver Champions Network® trainings as Doc Wayne's Strategic Initiatives Coordinator and has played a key role in reaching more than 800 participants across 81 trainings and 28 countries.

Anna joined the team just a few months prior to the Champions Network® launch in July 2020, and year after year, she has taken on bigger and more challenging roles just as the Champions Network® has grown to impact more than 450,000 youth since its inception.

Continuing to Grow

Anna is the current chair of Doc Wayne's Equity in Action Committee. She also acts as Facilitator for the Champions Network®, co-leading trainings such as "Supporting LGBTQ+ Youth in Sports."

Coach Shanica and Coach Liv E. lead a training



Growing Need for Access

Youth mental health has steadily declined in recent years due in part to the COVID-19 pandemic, and while direct support services such as Chalk Talk® Group Therapy are essential in curbing this decline, they are limited by their scale – there simply aren't enough mental health professionals to treat every young person. The Champions Network® strives to solve this problem by providing adults who work with youth with the tools to support their young people daily. By focusing on training rather than direct service, the Champions Network® has expanded globally, reaching hundreds of thousands of young people in just a few short years.

Coach Shanica facilitates on the field



A Network of Expert Facilitators

Of course, these trainings could not exist without our dedicated and skilled network of facilitators around the country. And as our reach continues to grow, so does our network of facilitators. While our facilitators come from a variety of backgrounds, they all share a passion for youth work and mental health. Many have experience working as clinicians or in other care settings, and they draw on that experience to guide their work as they lead trainings on topics such as Trauma-Informed Care and Supporting LGBTQ+ Youth in Sports.

Coach Shanica at Patriot Place for an event



Collaborative Spirit

The success of the Champions Network® is all thanks to the collaborative spirit that imbues the team. "The old saying of 'it takes a village' definitely applies here," says Shanica. "Being on the Champions Network® team, we come together and we work as a village so that we can get all these moving parts going."

This sentiment extends well beyond our team; it will take the global village to truly address youth mental health across the world. By providing coaches, clinicians, teachers, and other adults with the skills to support youth and prevent serious declines in mental health, the Champions Network® is helping create that global village.

FACILITATOR PERSPECTIVE THE CHAMPIONS NETWORK®

Shanica Bynoe

LEAD FACILITATOR,
CHAMPIONS NETWORK®



Shanica joined the Doc Wayne team as Lead Facilitator during a pivotal time of growth for the program in the Fall of 2022. Shanica, a longtime youth worker with a Masters in Applied Behavior Analysis, was a perfect fit for the role as her background allows her to speak on her own experience working with youth. However, Shanica does not view her role as necessarily being a keeper of knowledge. Rather, she believes all participants have something to offer.

According to Shanica, one of the major benefits of facilitating training is being a part of a community both with participants and other facilitators leading to constant growth.

"Because of [the training we do]," says Shanica, "we're able to meet other facilitators who are experts in their own areas."

This is exemplified by Shanica's experience at a series of trainings last year led by Doc Wayne and other organizations in Buffalo, New York, with Dr. Ramona Cox, Director of the Champions Network®. At the training, Shanica and Ramona facilitated sessions on Trauma-Informed Care and Girls in Sport, respectively, and while the trainings themselves were successful, it was the conversations after that had a lasting impact on Shanica. She recalls sitting with facilitators from each of the organizations present and listening as they shared their stories about the work they do with youth and why they started in the first place. Shanica was struck by the incredible things they were doing with youth across the country, and the constant learning and growth has shaped how she delivers training.

BRIGHTER FUTURES FOR YOUTH ACROSS THE GLOBE

One of Doc Wayne's most valued partners is Beyond Sport, a UK- and US- based foundation operating globally that believes sport can be used to spark social change and solve some of the most pressing issues of our lifetime. As part of our long-standing partnership, we recently collaborated with Beyond Sport on the Breaking Limits Program created by Degree also known as Rexona, Sure or Shield depending on where you are in the world which launched in 2021. This initiative seeks to encourage physical activity and movement amongst youth globally in order to "equip young people with the confidence to overcome barriers and achieve more with their lives."

The program provides young people with direct access to athletic programs, and, through the Breaking Limits Training Series, provides coaches and educators with a set of virtual training modules. As part of these initiatives, in partnership with Beyond Sport, Doc Wayne created a new resource called The Mental Wellbeing module which launched in October of 2022 in support of World Mental Health Day. Starting in the three core markets of the UK, US, and Brazil, this initiative now serves 11 countries with hopes of expanding to other parts of the world. Now in its third year, the program has served thousands of coaches.

Breaking Limits Training Series is currently available online for coaches and youth development professionals across the globe.



More recently, Doc Wayne and Beyond Sport collaborated on Head In The Game (HITG) awareness campaign and coaches training. Beyond Sport and the Z Zurich Foundation created the HITG program to address the youth mental wellbeing emergency. The program has the stated goal of improving mental health outcomes for youth aged 13 to 19 and is funding 43 youth nonprofits through 2025 to implement or augment their youth mental health resources. These nonprofits—along with more than 2,000 youth coaches across the country—have the opportunity to participate in training sessions led and designed in part by Doc Wayne staff through the Champions Network®. These trainings seek to address the needs of girls, BIPOC, and/or LGBTQ+ youth in athletics with trainings such as "Supporting LGBTQ+ Youth in Sports."



To Beyond Sport, the value of Doc Wayne is our expertise and approach. Mental health and sport are vitally important, and it's important that everyone who works with youth has the resources to support youth with their well-being. According to Mieke Evans, Senior Consultant at thinkBeyond, Beyond Sport's sister company that co-created the campaign, humility is key for Doc Wayne and comes across strongly in the way that we work with organizations.

The approach that Doc Wayne took was just really refreshing. It came from a place of **teamwork**. Yes, there's **expertise**, but [Doc Wayne staff] are also willing to learn and grow. It's much more of a **partnership** and a joint effort.

MIEKE EVANS, SENIOR CONSULTANT AT THINKBEYOND

SEASON HIGHLIGHTS

A FEW OF OUR FAVORITE MOMENTS FROM 2022-2023

EMERSON MENTAL HEALTH AWARENESS GAMES

Emerson Basketball hosted a doubleheader as a fundraiser for Doc Wayne with a goal of \$1,000. This initiative started with Ava Salti, player on the Emerson College Women's Basketball Team. She connected with Doc Wayne's mission as she believes "using sport to better our emotional and mental health is a massive reason why we all still love to play today." This fundraiser reached over \$2,700 through donations and t-shirt sales.



POSITIVE TRACKS: TEEN FUNDRAISER

In July of 2022, Doc Wayne partnered with Positive Tracks to host a soccer-themed fundraiser in support of Doc Wayne. The event, planned and hosted by high school volunteers, raised over \$3,000. Our long-standing partnership with Positive Tracks has allowed us to organize engaging and purposeful events that not only raise funds but also inspire positive change in the lives of young individuals. Through this partnership, we harness the collective energy of sports and philanthropy to make a lasting impact on the well-being of our communities.



SURE (DEGREE) BREAKING LIMITS PROGRAMME

Doc Wayne developed a mental well-being training module for the Breaking Limits Program launched by Unilever's deodorant brand Degree. The training series, a collection of free digital training modules for coaches co-created with Beyond Sport and other sport for development NGOs, tackles some of the key issues holding young people back from moving, such as Gender Equality, Disability Inclusion, and Anti-Bias. The training also features videos of Doc Wayne activities and games in action among programs that take place in Boston and Kenya and youth participants that share their own versions of what wellbeing means to them.



THE DOC WAYNE CULTURE BOOK

The goal of the Culture Book is to verbalize and make overt the norms, beliefs, values, resources, etc. that make up our culture so folks feel empowered to discover/create their own space within the team and its culture. The content was generated by staff members and curated by a group of staff dedicated to DEIB within Doc Wayne. The Culture Book is one of the ways in which we uplift the importance of belonging at Doc Wayne.

SHALINI KASIDA APPOINTED AS CHAIR

Shalini Kasida has been selected to serve as the organization's Chair of the Board of Directors. Kasida, who served as a Doc Wayne board member since 2018, has also been guiding the Champions Network® team in cultivating partners, advancing the strategic growth of the external training program team, and supporting the formalization of the professional credentialing program.



NEW OFFICE FOR DOC WAYNE

Doc Wayne moved to Allston, a bustling Boston neighborhood, for a new office with room to grow, meet, and work together. Mural Artist Elianara Raquel contributed to making Doc Wayne's new space feel welcoming and inclusive with murals throughout the office. The new office space is a central dedicated space for the team to gather, learn, and meet with individual clients.



NEW ENGLAND PATRIOTS

VISIT THE JOSEPH M. TIERNEY LEARNING CENTER

To kick off the beginning of summer, the Patriots Foundation—including New England Patriots players, cheerleaders, and Pat Patriot—visited South Boston to take part in Doc Wayne programming, Chalk Talk®, for Mental Health Awareness Month.

Doc Wayne Coaches facilitated a one-day event with our long-time partners, Joseph M. Tierney Learning Center and the YMCA of Greater Boston, with the support of the New England Patriots Foundation.

During the event, players and cheerleaders rotated among three skill stations led by Doc Wayne Coaches, shared stories of hope and confidence, and hosted a Q&A session with the youth. The event concluded with a group photo, as players signed footballs and cheerleaders distributed gift bags.

A special thank you to players Brenden S., Trace M., Corliss W., and Tucker A. and cheerleaders Olivia K. and Eliza K.



EVERYDAY MOMENTS

OUR TEAM IN THEIR ELEMENT AND IN THE FIELD

Everyday Moments are often the highlights we reflect on at Doc Wayne. The “small” moments of connection, learning, and laughter are also ways we measure our impact on each other, our community, and those we serve. These moments are part of a larger mission of utilizing sport for brighter futures for youth everywhere.



Doc Wayne Staff and Interns gather in a local park to learn through sport and movement



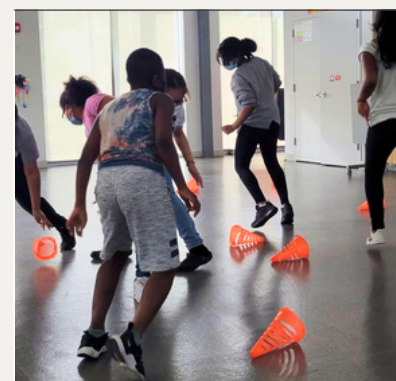
Rebekah and Ramona wait for their turn at four square



Maggie watches as Coaches and students play on the field



Coach Aymée gives instructions during Chalk Talk®



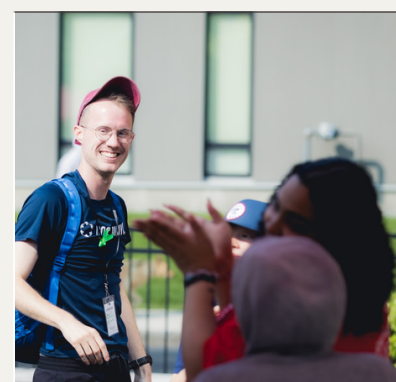
Students play a game on an indoor court



Staff gather in “The Huddle” to review materials



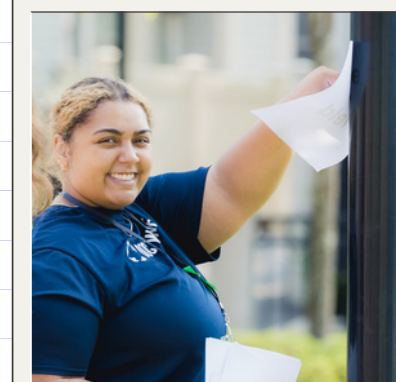
A scrimmage game of flag football during a Chalk Talk® demo



Sam Z., Director of Learning, leads an activity with students



Coaches cool down on the sidelines



Clinical Intern, Coach Whitney supports a team project

IN OUR COMMUNITY

COMMUNITY-BASED SERVICES



What I've learned on the field as a player has transformed my life as a person. How to communicate, how to be a leader...all those skills within our [Doc Wayne] bracket I feel like I have learned and practiced throughout my whole life without even necessarily being aware of it.



Rebecca Miller, LMHC
PROGRAM COORDINATOR

Learn more about our extraordinary team and their passion for sport and mental health.

Rebecca Miller's athletic career began in childhood and continued into college as a member of the Providence College lacrosse team. While in college, Rebecca also found a passion for mental health while she worked in group therapy for young people on the autism spectrum. Once she finished school, she wanted to find a position that matched her unique skillset and interests.

Rebecca then found Doc Wayne and their specialized approach to clinical work that combines the fun and beneficial parts of group therapy with sports, a perfect fit for this former student athlete.

As she began her career as a Clinical Game Changer, Rebecca realized just how closely the skills she developed as an athlete and team member mirrored Doc Wayne's curriculum and "skills bracket."



Part of Doc Wayne's draw for Rebecca was the flexibility in the ages and settings of the students with whom she could work. In her first year as a Clinical Game Changer, she worked with students as young as five and as old as teenagers. Some were at schools, some at after-school sites, others at residential programs.

While this may seem daunting to some, this variability in her work was a massive draw for Rebecca. And as a member of Doc Wayne's diverse and knowledgeable clinical team, she felt supported in work that can often feel isolating. To Rebecca, being a part of a team allows Doc Wayne's clinicians to lean on each other's strengths and support weaknesses.

The care and passion Rebecca has shown for her work at Doc Wayne has allowed her to continue to progress in her career and take on new challenges almost daily. Today, Rebecca has moved into a supervisory role as Program Coordinator, helping to lead Doc Wayne's team of clinicians while still practicing clinical work herself.



Clinical Program Data July 2022- June 2023



Youth Demographics

AGE RANGE
5-22 YEARS OLD

AVERAGE AGE
12 YEARS OLD

SEX
MALE: 63.7%
FEMALE: 32.8%
NON-BINARY: 1.7%

RACE/ETHNICITY

AMERICAN INDIAN/ALASKA NATIVE: 1%
ASIAN: 2%
BLACK/AFRICAN AMERICAN: 34%
NATIVE HAWAIIAN/OTHER PACIFIC ISLANDER: 1%
HISPANIC/LATINO: 41%
WHITE: 21%

This past year, Rebecca spearheaded an effort with the YMCA of Greater Boston to launch a swim program that integrates Doc Wayne's social-emotional skills with water safety training.

For more information on this project, check out our spotlight on the YMCA of Greater Boston.

DOC WAYNE ADDS SWIM TO GROWING LIST OF SPORTS

Every year, Doc Wayne's robust team of clinical staff develop and implement new and engaging ways to provide mental health support to youth across Boston, and in the 2022-23 school year, one of our major accomplishments was the piloting of a brand new swim program in partnership with the YMCA of Greater Boston.

For over 100 years, the YMCA of Greater Boston has been deeply committed to teaching water safety to youth in Greater Boston. As the pioneer of the group swim lesson, the YMCA is known as "America's swim instructor," and the YMCA of Greater Boston provides over 25,000 swim lessons to children each year (YMCA of Greater Boston) including students at the YMCA of Greater Boston at the Tierney Learning Center, one of Doc Wayne's longtime partners.

This past year, the YMCA of Greater Boston decided to leverage its partnership with Doc Wayne to help reimagine their long-standing youth water safety course.

As YMCA of Greater Boston staffers moved students through their water skills training, Doc Wayne clinicians provided emotional support and innovative curricular frameworks to teach these skills through games, challenges, and free play. The encouragement and feelings of safety given to students by our clinicians proved to be a massive driver of student engagement, and the eight-week pilot course was incredibly successful for both the YMCA of Greater Boston and Doc Wayne.

Students build confidence and build relationships with trusted adults



Individual skills are practiced



Students practice new skills while having fun

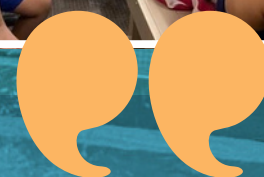


Students gather in the Dorchester YMCA pool with Doc Wayne Coaches



At the Tierney, Doc Wayne staff members are known for being **responsive, considerate, and comforting** presences for the students and have been described as the students' "**safe people**" by YMCA of Greater Boston staff members. The trust students feel in our clinicians was a major asset in the pilot of the water safety program.

Doc Wayne Coach Rebecca Miller gives instructions.



The Doc Wayne team is very focused and results-oriented.... There's a lot of thinking going on behind the scenes that goes into how [they] operate, [and] staff are embedded in the mission.

ANA DIAZ

ASSOCIATE DIRECTOR IN THE CHILD DEVELOPMENT DEPARTMENT AT THE YMCA OF GREATER BOSTON

chalk talk® makes a big splash chalk talk® makes a big splash chalk talk® makes a big splash chalk talk® makes a big splash

IN OUR COMMUNITY

COMMUNITY-BASED SERVICES

THERAPEUTIC RECESS



Meghan Mayville
RECESS PROGRAM MANAGER

Meghan is currently serving in her second year as the Recess Program Manager, after previously spending 1 year as a Youth Coach. She played soccer collegiately at Georgia Southern University and has coached at the Division I, II, and III levels, as well as the youth level. Learn more about our ever-growing therapeutic recess program below.



“ On days without Doc Wayne, there’s much more leftover conflict to address and de-escalate. ”

“ By building relationships with the children, we can help facilitate and teach them how to navigate the social and developmental challenges they encounter. This has a dramatic impact on their well-being and performance across all domains of their lives. ”

Nick Lindheim
YOUTH COACH



Focus of Therapeutic Recess

The focus for this school year is on community building with the schools and implementing a curriculum around SEL skills in order to develop greater relationships with both the students and their communities.

What is Therapeutic Recess?

This program helps create a safe environment at school, giving children the opportunity to explore and learn social-emotional skills that they can take with them beyond the recess yard.



Feedback from School Employees

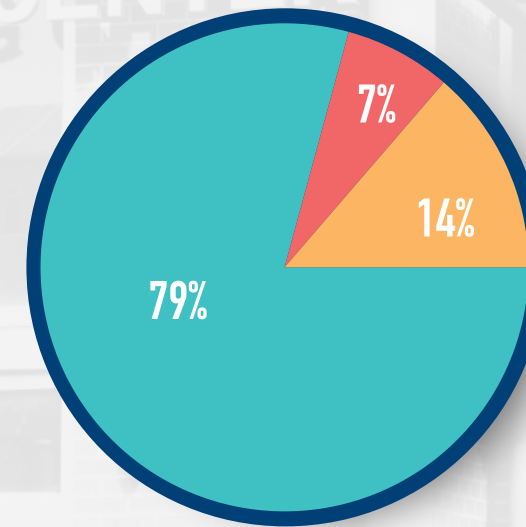
We have received great feedback from the schools and students we serve, with the greatest amount of gratitude being pointed at our teams’ ability to engage and interact with each student through game play while on the Recess yard.

“ Best year ever for transitions from recess. ”

“ Wow, I have never seen that group of students play with an adult and enjoy a sport so much. ”

QUOTES REFLECT FEEDBACK FROM VARIOUS BOSTON SCHOOL PERSONNEL.

FINANCIALS & PHILANTHROPY



EXPENSE BY CATEGORY

PROGRAM	\$2,467,619
FUNDRAISING	\$220,580
ADMINISTRATION	\$425,980

BUDGET BREAKDOWN

REVENUE	\$3,059,854
EXPENSE	\$3,114,179



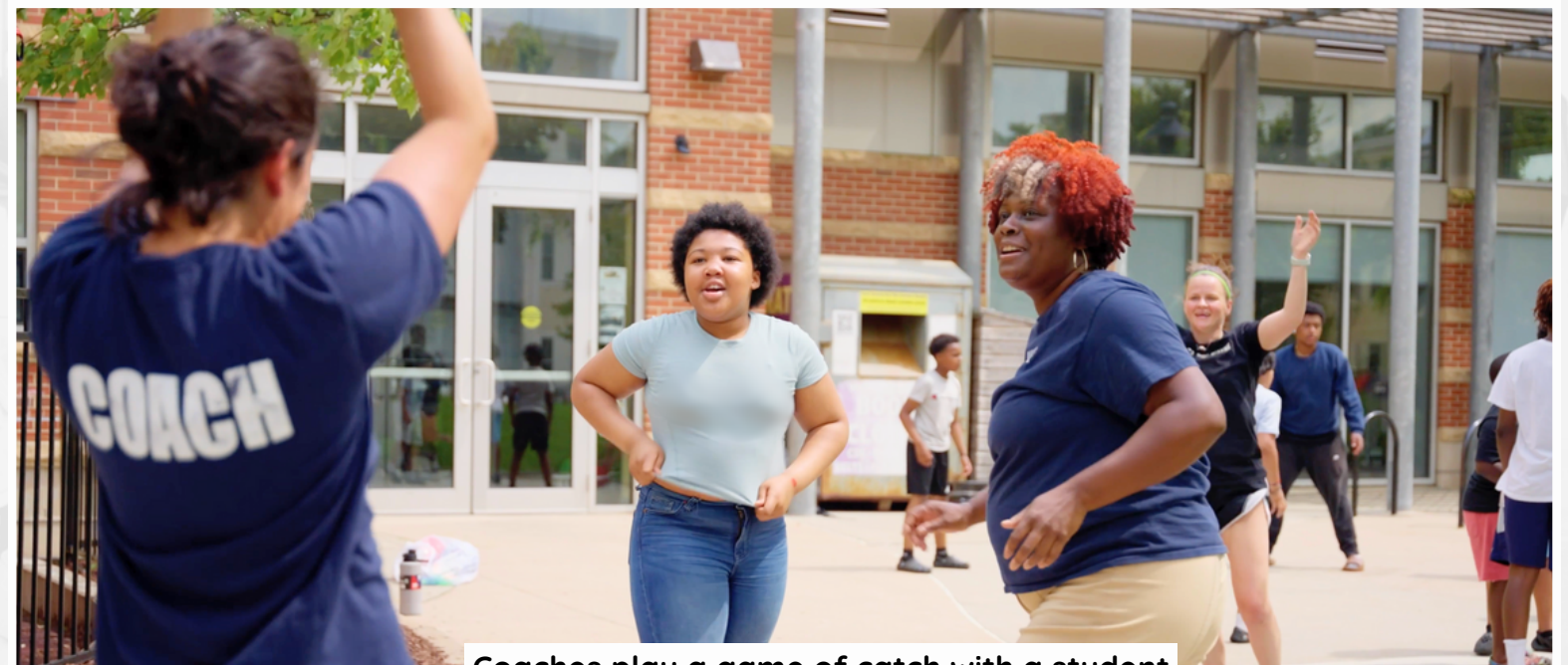
Ben Machlin

GRANTS & DEVELOPMENT MANAGER

Ben builds and maintains relationships with Doc Wayne's generous supporters, helping to secure new funding opportunities for the organization's growth and prosperity. He earned a B.A. in English from Rutgers University as well as an M.A. in English from Northeastern University and taught college writing for two years before joining the team. Ben has previously worked with youth as a school tutor, camp counselor, and hockey coach.



Every dollar is helping us create **lasting positive change in our communities**. We're so grateful to our partners for helping us drive our mission forward. **Thank you** for your shared commitment to youth mental health and the power of sports!



Coaches play a game of catch with a student

GIVE
TODAY

FINANCIALS & PHILANTHROPY

Doc Wayne is proud to recognize the generosity of the following foundations, institutions, grants, and individual donors.

Generosity keeps our mission moving forward. We consider those who support our work our teammates. Together, we level the playing field of mental health globally by harnessing the power of sport-based therapy.

★ **PLATINUM TEAM** ★
 (\$100,000+)

ANONYMOUS

THE CHARLES HAYDEN FOUNDATION

THE DEVONSHIRE FOUNDATION

ESPN, INC.

MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH

★ **GOLD TEAM** ★ (\$30,000-\$99,999)

- | | |
|---|---|
| BANK OF AMERICA N.A., TRUSTEE OF THE PERPETUAL TRUST FOR CHARITABLE GIVING | LOOMIS, SAYLES & COMPANY |
| CABOT FAMILY CHARITABLE TRUST | POINT32 HEALTH |
| HERMAN AND FRIEDA L. MILLER FOUNDATION | SCHRAFFT CHARITABLE TRUST |
| J.E. & Z.B. BUTLER FOUNDATION | SMITH FAMILY FOUNDATION |
| LIBERTY MUTUAL FOUNDATION | THE SUDBURY FOUNDATION |
| | WELLINGTON MANAGEMENT FOUNDATION |

★ **SILVER TEAM** ★ (\$10,000-\$29,999)

- | | |
|---|---|
| BOSTON CHILDREN'S HOSPITAL | HIGHLAND STREET FOUNDATION |
| THE BOSTON FOUNDATION | METROWEST HEALTH FOUNDATION |
| CVS HEALTH HOMETOWN FUND | PLYMOUTH ROCK ASSURANCE FOUNDATION |
| FISH FAMILY FOUNDATION | RELIANT FOUNDATION |
| HAMILTON COMPANY CHARITABLE FOUNDATION | SANOFI GENZYME |

★ **BRONZE TEAM** ★ (\$500-\$9,999)

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| THE ADELARD A. AND VALEDA LEA ROY FOUNDATION | J. OWEN TODD CHARITABLE FOUNDATION |
| AVIDIA CHARITABLE FOUNDATION | KARS4KIDS |
| THE BROTHERTON FOUNDATION | MAIN STREET BANK |
| DEDHAM SAVINGS BANK | MONOGRAM LOVES KIDS FOUNDATION |
| DICK'S SPORTING GOODS FOUNDATION | THE NASH FAMILY FOUNDATION |
| EASTERN BANK FOUNDATION | NEEDHAM BANK |
| FOREST FOUNDATION | ROCKLAND TRUST BANK |
| THE FULLER FOUNDATION | ROY A. HUNT FOUNDATION |
| GUARDIAN LIFE INSURANCE COMPANY OF AMERICA | SILLERMAN CENTER FOR THE ADVANCEMENT OF PHILANTHROPY |
| | TOWN FAIR TIRE FOUNDATION |

LOOKING FORWARD

A NOTE FROM OUR BOARD

Dear Partners, Supporters, and Friends:

I am honored to address you as the Board Chair of Doc Wayne and reflect upon the remarkable accomplishments we have achieved over the past year. Our journey has been marked by growth, collaboration, and a steadfast commitment to our mission of using sport as a vehicle for social change and mental health advocacy.

I want to extend a heartfelt thank you to our incredible staff, including our leadership team, clinical professionals, facilitators, and support staff, who work tirelessly to bring our mission to life. Your dedication, expertise, and passion are the driving force behind the success of our programs. Your commitment to excellence is evident in the strides we have taken to establish Doc Wayne as a leading expert in sport-based therapy.

In my first year as chair, our board has expanded into a diverse group with expertise in finance, non-profit management, sport for good leadership, clinical practice, literature, academia, and business leadership which significantly enriches its capabilities. This expansion has created a vibrant space for board members to contribute their unique perspectives and skills, driving Doc Wayne's mission forward.

In the realm of clinical programs, we are proud of our continued success with Chalk Talk® Group Therapy, expanding its reach while also providing new avenues such as Therapeutic Recess for engaging with youth from diverse backgrounds.

Additionally, our partners and other stakeholders have opened doors to important conversations about mental health, especially for BIPOC and LGBTQIA+ youth. These collaborations underscore our commitment to inclusivity and addressing the unique needs of various communities. One of our key accomplishments this year has been the delivery of external training to hundreds of national and global coaches and youth development professionals. By sharing our expertise on sport-based therapy, we are contributing to a global dialogue on mental health and youth development.



Shalini Kasida has maintained and grown our global relationship with FEBA (Far East Basketball Association.) Pictured here with Moses Musosi and Shem Otieno of FEBA in Nairobi, Kenya.

As we reflect on the past year, we envision a future where Doc Wayne continues to expand nationally and globally as the leading expert in sport-based therapy. We aspire to expand the scope of how mental health with young people is recognized, discussed, and addressed—regardless of cultural or intersectional background. Our commitment to inclusivity, innovation, and collaboration will propel us towards this vision.

Together, we will continue to make strides in the field of sport-based therapy and work towards a future where the mental health of young people is prioritized and understood on a global scale.

Thank you for your unwavering support.

Sincerely,



Shalini Kasida
Chair of the Board

GIVE TODAY
& BE PART OF THE TEAM



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