Despite everything the pandemic threw at us, I’m incredibly proud of what we’ve been able to achieve during these unprecedented past two years. The necessity to shift our work to a remote model forced our team to develop new modalities for supporting youth and continue adapting to challenges they faced as a result of lockdown and the pandemic. Our team handled each and every challenge admirably, providing a beacon of hope for our clients during one of the most challenging times in their lives.

The need for Doc Wayne’s intervention in youth mental health has never been as apparent as it is today. Over 100,000 children in the United States lost a parent due to COVID-19. Boston Children’s Hospital reported a 40% increase in youths having suicidal thoughts or attempting suicide from July through October of last year. Our team made tremendous strides in supporting Boston’s youth with their transition to Telehealth, ensuring consistent attendance and meeting the needs of children whose school schedules and access to technology varied. Our clinicians conducted over 5,000 individual sessions with more than 300 clients since the start of the pandemic, maintaining relationships with clients at our 25+ partner schools and community centers. This summer finally saw the long-awaited return to in-person programming, while also maintaining Telehealth as an option for clients. During the pandemic, we also launched our long-anticipated Champions Network™ training initiative, allowing us to share the success of our model across the globe. Here too, our team showed superhuman flexibility, taking on new responsibilities and adapting to everything that came their way. We welcomed a fantastic cohort of new team members to the Doc Wayne family and are pleased with how they’ve helped us share our success with other agencies to assist youth in need wherever we can. The ability of our team to not only survive the pandemic but use it as an opportunity to thrive and grow as an organization is a testament to the incredible character of each and every one of our staff members and supporters.

Over the next three years, our goal is to reach one million kids in need through our direct service model and through those adults we train along the way. With this team in place and the support of our partners, we are confident we can achieve this goal. I would like to thank you all again for your part in sustaining our work over these past two years and ensuring we continue to deliver effective mental health programming to youth in Greater Boston and across the globe during this unprecedented time and beyond.
Doc Wayne Youth Services Inc. (Doc Wayne) was founded in 2002 by Susan Wayne in memory of her brother, Eli (Doc) Wayne. The original iteration of our organization was DWAL, Doc Wayne Athletic League within the Justice Resource Institute, where our founder Susan Wayne was the former President. She created Doc Wayne in memory of her brother’s belief in the power of sport. Eli was a pediatric physician as well as a tremendous supporter of using sport as a medium for positive youth development. He committed his time to students in the community by volunteering for and coaching youth sports. In 2010, Doc Wayne became a 501(c)3 under the guidance of Communities for People. At Doc Wayne, we continue to honor the legacy of Eli (Doc) Wayne by pushing the boundaries of sport-based therapy.

The Doc Wayne Vision
TO LEVEL THE PLAYING FIELD OF MENTAL HEALTH GLOBALLY BY HARNESING THE POWER OF SPORT-BASED THERAPY.
As pioneers in sport-based therapy for youth, the growth over the years has included scraped knees, winding paths, and roadblocks. The path of Doc Wayne Youth Services, Inc. continues to be a marathon, not a sprint.

Endurance is necessary to drive Doc Wayne into its current iteration and solidify our place as leading innovators in the space of sport-based therapy for youth. There have been mile markers along the way as the number of clients served grew and the programs “kids and Coaches” became catalysts for launching the Champions Network. The twists and turns in the road map moved us from an athletic sports league to a therapeutic sports league to sport-based therapy services and trainers, our commitment to youth has never wavered. Aid stations provided relief and support by way of partnerships, major donations, individual donors, and countless cheerleaders pushing us along the sidewalks, ready to step in along the way.

More than a decade of impact and we’re just getting started. We continue to use our Creating Champions™ curriculum to equip kids with positive social-emotional skills. This team is built on four core pillars: communication, confidence, resilience, and teamwork.

After 10 years, we have fun, stay safe, and build positive relationships with peers, as well as support students as they process and persevere through adversity. As students progress through Chalk Talk®, they will:

• Have the opportunity and needed support to develop as resilient and regulated individuals with positive adult and peer relationships
• Create positive relationships with teammates, friends, and family members
• Become confident and competent members of their schools and larger communities
• Achieve their highest level of academic success

Therapeutic Recess

There is no better way to get to know young people than through play. Doc Wayne's Therapeutic Recess is a program for students that provides structure, programming, and guidance during the school day, giving clinicians an opportunity to build relationships and access social-emotional skills. The goals of Therapeutic Recess are to ensure students have fun, stay safe, and build positive relationships with peers, as well as support students in building resilience, teamwork, confidence, and communication. Similar to Chalk Talk®, students are encouraged to identify the week's activities on. Social-emotional skills are then reinforced through facilitated play during recess.

Therapeutic Mentoring

Doc Wayne's Therapeutic Mentoring program pairs mentors with couches for structured, strength-based support services conducted in-person and remotely. This service is a Children’s Behavioral Health Initiative (CBHI) and requires youth to be a part of a HUB to qualify. A “HUB” service is the CBHI provider who takes the lead on coordinating care for youth with multiple service providers involved in their treatment. As is the case with all of our programs, Therapeutic Mentoring has roots in trauma-informed care. Our Therapeutic Mentors lead sessions designed to support individuals as they process and persevere through adversity in a safe, compassionate space. Over time, members build trust, want to help, heal, grow, and connect to themselves and their community.

Telehealth

Our telehealth services developed out of necessity and safety as the global pandemic unfolded. We offer telehealth to ensure that access to high-quality mental health services is available to those in need. Conducted through secure remote platforms online, Doc Wayne clinicians provide individual, group, family consultation, and Therapeutic Mentoring. This service is not only available to youth but to any individual requesting support.
ACCESS TO BRIGHTER FUTURES FOR YOUTH GLOBALLY

The Champions Network™ was launched in July 2020 as a direct and immediate need facing youth and families as a critical reflection of the pandemic and political and racial unrest in our country. After Coach Becky released “Kids & COVID,” a multitude series highlighting how to support kids during unprecedented times, the need for a greater understanding of youth mental health became apparent. Emails and questions poured in on how organizations, schools, community partners could equip youth and families. Today the Champions Network™ is a growing external training program that has surpassed every metric and goal set. We are delighted to expand this program with diverse and specialized staff who are passionate about transforming and equipping others.

Through the Champions Network™, we partner with a range of organizations, clinicians, sports coaches, and other youth development professionals, sharing how to include trauma-informed, sport-based mental health support in their work with young people. We continue with the vision of making sport-based mental health services accessible to youth across the globe while empowering organizations, clinicians, sports coaches, teachers, and other youth development professionals to utilize sports in a therapeutic manner.

The Champions Network™ features remote training and live sessions which aim to develop informed, sport-based, mental health support in their work with young people. We continue to improve our training through technology partnerships with Allego to bring state-of-the-art training by licensed clinicians and youth development professionals to utilize sports in a therapeutic manner.

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Our sincere thanks to the training you conducted for our young coaches and athletes. We are grateful and full of happiness since the training was very informative. To many young coaches and athletes. We are grateful and full of happiness since the training was very informative. To many young coaches and athletes. The Champions Network™ features remote training and live sessions which aim to develop informed, sport-based, mental health support in their work with young people. We continue to improve our training through technology partnerships with Allego to bring state-of-the-art training by licensed clinicians and youth development professionals to utilize sports in a therapeutic manner.

Impact to Date

- 25 sites
- 550+ youth served weekly
- 20+ partner organizations
- 18 Master’s Level clinical interns
- 4,800+ telehealth sessions
- 1,570 total youth served 2020-2021

Top 3 Diagnoses
- ADHD
- PTSD
- Adjustment Disorder

Youth Demographics

- Location (from)
  - Boston: 56%
  - Other: 3%
  - N/A: 17%

- Race
  - 45% Hispanic or Latinx
  - 24% White
  - Other: 2%

- Gender
  - 44% Male
  - 56% Female

Impact to Date

- Provided trainings for 25+ countries during the 2020-2021 academic school year with Champions Network™.
- Kids & COVID-19 public service announcement (PSA) reached over 17k views over the summer.
- In October, Maggie Yuan, ED.D., LMHC joins the team as Program Director.
- David is nominated once more as the New England Community MVP.
- Community members shared their experiences with the Champions Network™.
- In October, Maggie Yuan, ED.D., LMHC joins the team as Program Director.
- Our current system does not allow options for gender identity outside of male/female.
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COVID DETOUR

The pandemic brought to light the great need for mental health support across all systems, for all, especially for youths.

- Youth faced social isolation, disruption of routine, stress, and adversity in unprecedented ways.
- A modified version of our curriculum was created under the guidance of our Program Director, Maggie Yuan, Ed.D., LMHC.
- Doc Wayne moved to telehealth and we continue to offer targeted interventions.
- Youth who started with us in the 2019-20 school year, 89% continued clinical services with Telehealth sessions during 2020-21 school year.

As we navigated the transition of Zoom learning, we were able to engage actively with our peers. Again, she has been better able to focus on her lessons and has been able to connect with a clinician and work on her focus and impulsivity through the use of Telehealth.

I often thought this was so different from what happens in therapy. Doc Wayne helped us find ways to support our clients (or our kiddos as I call them) at 100%.

When I first joined the Doc Wayne team, I was fresh out of graduate school and had just begun kindergarten and had difficulties adjusting to this transition of zoom learning. Through the use of Telehealth, she has been able to connect with a clinician and work on her focus and impulsivity through the use of Telehealth.

The pandemic's beginning was the most challenging. I was welcomed into the team very swiftly to help our clients adjust to the new normal. We shifted to ensure no gap in our services. This new medium meant our current team supported each other and felt almost like a second family.

The pandemic required discipline and resilience on our team’s part. Through our online work, we were able to match our efforts with the clients. We responded to their developing needs with some of the most innovative care.
**FY2020-21 FINANCIALS**

**PROGRAM BREAKDOWN**
- **PROGRAM**: $1,061,604 (73%)
- **ADMIN**: $217,493 (15%)
- **FUNDRAISING**: $174,020 (12%)

**EXPENSE BY CATEGORY**
- **REVENUE**: $1,585,296
- **EXPENSE**: $1,453,117
- **SURPLUS**: $132,179

**GRANT PARTNERS**
- Gardiner Howland Shaw Foundation
- Charles Hayden Foundation
- Schrafft Charitable Trust
- The Perpetual Trust for Charitable Giving, Bank of America N.A., Trustee
- The Fish Family Foundation
- Mary W.B. Curtis Trust
- Ray A Hunt Foundation
- Community Foundation for Greater Buffalo
- Cummings Foundation
- Highland Street Foundation
- Reliant Foundation
- Wellington Management
- Learn For Good
- The Upwing Fund
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